



★ Newport Beach, Ca. ★

# HELMAN ALE HOUSE

Artfully crafted.  
Locally Inspired

## SHAREABLES

### Now Frying in Tallow!

#### FISHERMAN'S PLATTER \$35

Coconut Shrimp, Blackened Shrimp, Popcorn Shrimp, Ahi Tuna Poke, Salmon Poke, Fries, Cocktail Sauce & Tartar Sauce

#### CALIFORNIA NACHOS \$14

Cheddar, Pico, Guacamole, Chipotle Aioli, Beans, Queso Fresco | Chicken or Steak +8

#### PINEAPPLE CEVICHE \$20

Barramundi, Lime, Cilantro-Ginger Dressing, Avocado, Pico, Homemade Chips

#### HOT HONEY PEPPERONI PIZZA \$18

#### BAVARIAN PRETZEL \$11

Soft, Jumbo Pretzel, Craft Beer Cheese Sauce & Dill Pickles. Extra Beer Cheese +2

#### JUMBO CHICKEN WINGS \$18

Za'atar Lemon Pepper, Spicy BBQ, Mild Buffalo, Szechuan Honey Garlic, Sweet Heat Glaze

#### CAULIFLOWER BITES \$13

Crispy & Battered Seasoned Florets Tossed in Sauce of Choice

#### CRISPY BRUSSELS SPROUTS \$13

Charred & Finished With Sweet Heat Glaze, Pickled Onions, Queso Fresco and Bacon Jam

#### FRIED PICKLES & JALAPEÑOS \$11

Tangy & Spicy, Served with Ranch

#### BLISTERED SHISHITOS \$12

Cherry Tomato, Tamari Oil, With Fresh Garlic, Toasted Panko, Fresh Frisee

## BOWLS

#### CLAM CHOWDER 11 | 14

Cup or Bread Bowl

#### CAESAR \$13

Romaine, Parmesan, House Made Croutons, Roasted Garlic Caesar Dressing. Make it a Wrap! +2

#### BLACKENED AHI TUNA SALAD \$19

Seared Tuna, Fresh Greens, Shredded Carrots, Sesame Seeds, Radish, Edamame, Champagne-Pomegranate Vinaigrette

#### PROTEIN BOWL \$18

Choice of Protein: Steak or Chicken, Rice & Farro, Pickled Onions, Arugula, Brussels, Salsa Verde

#### HELMAN HOUSE SALAD \$13

Garden Mix, Seasonal Fresh Ingredients, Cucumber, Red Onions, Carrots

#### ADD-ON PROTEIN:

Steak 8 | Grilled or Crispy Chicken 8 | Ahi Tuna 10 | Salmon 10 | Shrimp 10

Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions.

## HANDHELDs

Choice of Fries, Sweet Potato Fries, or Potato Chips

#### SMASH BURGER \$18

2 Wagyu Chuck Blend Smash Patties, Pickles, Shaved Onion, House Sauce, American Cheddar

#### HELMAN BURGER \$20

Wagyu Chuck Blend Patty, Shredded Lettuce, Bacon Jam, Avocado, House Sauce & Pepperjack

#### WARM LOBSTER ROLL \$25

Warm Lobster, Cajun Lemon Butter Sauce, Buttery Bun, Topped with Parsley

#### SPICY CRISPY CHICKEN \$18

Spicy Chicken & Creamy Slaw

#### CHICKEN AVOCADO WRAP \$18

Grilled or Crispy: Romaine, Avocado, Cheese, Tomato, Red Onion & Chimi Ranch

## TACOS

Served with Homemade Tortilla Chips & Beans

#### STEAK TACOS \$16

Steak, Salsa Verde, Guac, Onions, Cilantro

#### BLACKENED FISH TACOS \$16

Seasonal Blackened Fish, Cabbage Slaw, Cotija Cheese, Jalapeño & Chipotle Aioli

## SPECIALTIES

#### FISH & CHIPS \$21

Golden Beer-Battered Fish, Seasoned Fries

#### HELMAN MAC \$19

3 Cheese Mac, Protein Choice: BBQ or Buffalo Fried Chicken, Lobster +15

#### SEASONAL FISH \$25

Pan-seared Fillet With Ginger Soy Glaze, Mashed Potatoes, Broccolini & Citrus Slaw

#### STEAK FRITES \$26

Grilled Steak, Crispy House Fries, Cilantro Chimichurri, Pickled Red Onions

#### ROASTED CAJUN CHICKEN \$25

Parsley, Mashed Potatoes, Brussels, Butter Sauce

## A LA CARTE SIDES:

French Fries 10 | Garlic Fries 12 | Brussels 8

Sweet Potato Fries 10 | Homemade Chips 6

Charred Broccolini 8 | Creamy Mash Potatoes 10

## SWEETS

#### CHOCOLATE CAKE \$12

Warm Chocolate Cake with Vanilla Ice Cream

#### COOKIE SKILLET \$12

Cookie Baked in Cast Iron, Served With Flavor of the Month Ice Cream

#### DOUGHNUT BITES \$12

Soft Doughnuts Coated in Caramel Drizzle

\*A 20% auto-gratuity will be applied to parties of 8 or more\*