



★ Newport Beach, Ca. ★

HELMSMAN ALE HOUSE

Artfully crafted.
Locally Inspired

SHAREABLES

Now Frying in Tallow!

FISHERMAN'S PLATTER \$35

Coconut Shrimp, Blackened Shrimp, Popcorn Shrimp, Ahi Tuna Poke, Salmon Poke, Fries, Cocktail Sauce & Tartar Sauce

CALIFORNIA NACHOS \$14

Cheddar, Pico, Guacamole, Chipotle Aioli, Beans, Queso Fresco | Chicken or Steak +8

PINEAPPLE CEVICHE \$20

Barramundi, Lime, Cilantro-Ginger Dressing, Avocado, Pico, Homemade Chips

HOT HONEY PEPPERONI PIZZA \$18

BAVARIAN PRETZEL \$11

Soft, Jumbo Pretzel, Craft Beer Cheese Sauce & Dill Pickles. Extra Beer Cheese +2

JUMBO CHICKEN WINGS \$18

Za'atar Lemon Pepper, Spicy BBQ, Mild Buffalo, Szechuan Honey Garlic, Sweet Heat Glaze

CAULIFLOWER BITES \$13

Crispy & Battered Seasoned Florets Tossed in Sauce of Choice

CRISPY BRUSSELS SPROUTS \$13

Charred & Finished With Sweet Heat Glaze, Pickled Onions, Queso Fresco and Bacon Jam

FRIED PICKLES & JALAPEÑOS \$11

Tangy & Spicy, Served with Ranch

BLISTERED SHISHITOS \$12

Cherry Tomato, Tamari Oil, With Fresh Garlic, Toasted Panko, Fresh Frisee

BOWLS

CLAM CHOWDER 11 | 14

Cup or Bread Bowl

CAESAR \$13

Romaine, Parmesan, House Made Croutons, Roasted Garlic Caesar Dressing. Make it a Wrap! +2

BLACKENED AHI TUNA SALAD \$19

Seared Tuna, Fresh Greens, Shredded Carrots, Sesame Seeds, Radish, Edamame, Champagne-Pomegranate Vinaigrette

PROTEIN BOWL \$18

Choice of Protein: Steak or Chicken, Rice & Farro, Pickled Onions, Arugula, Brussels, Salsa Verde

HELMSMAN HOUSE SALAD \$13

Garden Mix, Seasonal Fresh Ingredients, Cucumber, Red Onions, Carrots

ADD-ON PROTEIN:

Steak 8 | Grilled or Crispy Chicken 8 | Ahi Tuna 10 | Salmon 10 | Shrimp 10

Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions.

HANDHELDS

Choice of Fries, Sweet Potato Fries, or Potato Chips

SMASH BURGER \$18

2 Wagyu Chuck Blend Smash Patties, Pickles, Shaved Onion, House Sauce, American Cheddar

HELMSMAN BURGER \$20

Wagyu Chuck Blend Patty, Shredded Lettuce, Bacon Jam, Avocado, House Sauce & Pepperjack

WARM LOBSTER ROLL \$25

Warm Lobster, Cajun Lemon Butter Sauce, Buttery Bun, Topped with Parsley

SPICY CRISPY CHICKEN \$18

Spicy Chicken & Creamy Slaw

CHICKEN AVOCADO WRAP \$18

Grilled or Crispy: Romaine, Avocado, Cheese, Tomato, Red Onion & Chimi Ranch

TACOS

Served with Homemade Tortilla Chips & Beans

STEAK TACOS \$16

Steak, Salsa Verde, Guac, Onions, Cilantro

BLACKENED FISH TACOS \$16

Seasonal Blackened Fish, Cabbage Slaw, Cotija Cheese, Jalapeño & Chipotle Aioli

SPECIALTIES

FISH & CHIPS \$21

Golden Beer-Battered Fish, Seasoned Fries

HELMSMAC \$19

3 Cheese Mac, Protein Choice: BBQ or Buffalo Fried Chicken, Lobster +15

SEASONAL FISH \$25

Pan-seared Fillet With Ginger Soy Glaze, Mashed Potatoes, Broccolini & Citrus Slaw

STEAK FRITES \$26

Grilled Steak, Crispy House Fries, Cilantro Chimichurri, Pickled Red Onions

ROASTED CAJUN CHICKEN \$25

Parsley, Mashed Potatoes, Brussels, Butter Sauce

A LA CARTE SIDES:

French Fries 10 | Garlic Fries 12 | Brussels 8
Sweet Potato Fries 10 | Homemade Chips 6
Charred Broccolini 8 | Creamy Mash Potatoes 10

SWEETS

CHOCOLATE CAKE \$12

Warm Chocolate Cake with Vanilla Ice Cream

COOKIE SKILLET \$12

Cookie Baked in Cast Iron, Served With Flavor of the Month Ice Cream

DOUGHNUT BITES \$12

Soft Doughnuts Coated in Caramel Drizzle

A 20% auto-gratuity will be applied to parties of 8 or more

